



Preplacement Health Assessments Information for Applicants

What is a pre-placement health assessment?

A pre-placement health assessment is a risk assessment tool – it is used to determine:

- Whether **you** are likely to be at risk of injury or illness in the proposed position and/or
- Whether you are likely to put **others** at risk in the proposed position

What tests will be conducted?

The **standard** pre-placement health assessment involves the following:

- Detailed medical questionnaire
- Digital photograph (to confirm your identity)
- Vision testing including colour vision
- Grip strength
- Height and weight
- Urine analysis for blood, proteins and sugar (You will be required to provide a urine sample on the day so please do not pass water before attending the medical)
- Detailed medical examination by an experienced occupational medicine doctor (the doctor will refer you to your own GP if follow up is required for any medical condition)

Your potential employer may also require one or all of the following:

- Screening for drug and alcohol
- Hearing test
- Lung function testing
- ECG
- Blood tests (tests for exposure to hazardous substances)
- Vaccinations (such as tetanus or hepatitis vaccinations)
- Functional assessment – this involves various tasks that simulate the job demands of the position you are applying for. These tasks can involve the following:
 - Sitting, walking, standing, crouching, kneeling and squatting
 - Lifting and carrying
 - Pushing and pulling
 - Working in overhead, forward reaching and forward bending positions
 - Ladder Climbing
 - Dexterity

What happens to the results of the assessment?

The results of your assessment will be handled in accordance with the privacy act. A summary form will be sent to the employer which outlines relevant results of the assessment and an assessment of the potential risk to yourself and others in performing the proposed position.

Please note some employers may request a copy of the full medical report. To ensure compliance with the privacy legislation, **all** potential employers must ensure the information they receive is secured appropriately. This means that to receive confidential health information, they must have a system to protect the information from being accessed by non-essential personnel.

What do I need to bring / wear to the assessment?

Clothing: In order to conduct the physical and functional assessment, the doctor will need to examine your back, shoulders and knees. This means you will need to wear **loose clothing or gym-wear**. You may be required to remove your clothing down to your underwear. A gown can be provided for the medical examination.

Footwear: If you are coming for a pre-placement health assessment with functional assessment, please wear **closed-in, flat footwear** (eg, sneakers / joggers or work boots) as you may be required to lift / carry loads and climb ladders etc.

Glasses: If you wear glasses (for either reading or long-distance vision), please bring them to the assessment. You will need them in order to fill in the questionnaire, conduct the vision assessment, and possibly complete some components of the functional assessment.

Identification: Please bring **photo ID** with you on the day (valid forms of identification include driver's licence, passport etc).

Paperwork: You will be required to complete medical forms. If you anticipate any difficulties in doing so, please bring a family member or friend to assist you.

Children: We are unable to provide child minding services and advise you not to bring children with you to your appointment.

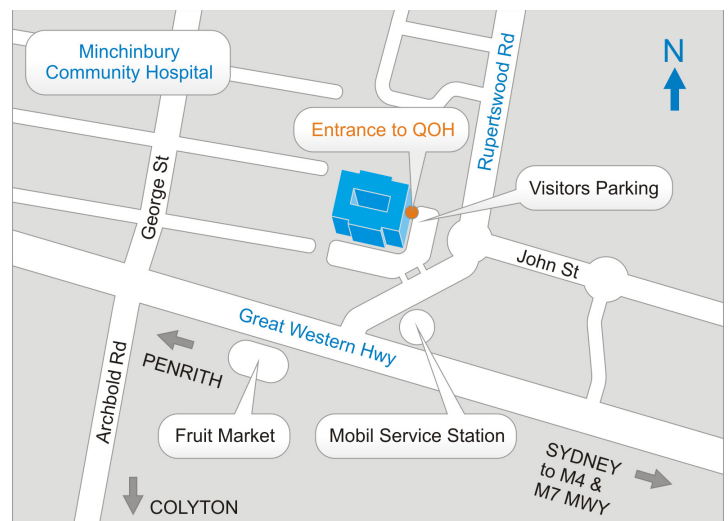
Please note: **Mobile telephones must be turned OFF during the assessment**
 Please arrive on time for the assessment
 Expected assessment duration: allow up to 2 hours (you could be here up to 3 hours if we have emergencies)

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Please ask your potential employer if you have any questions about your preplacement health assessment.