



Quality Occupational Health

Flu Vaccination Consent Form

I (Last Name) _____ (First Name) _____
PLEASE PRINT *PLEASE PRINT*

Date of Birth _____ (Phone) _____

Address _____

Company _____ Site: _____

I have read and understand the Consumer Medical Information Influvac 2011. Please note the H1N1 strain is included in the 2011 Influvac vaccine.

I consent to receiving the following vaccine: Influenza

SIGNED _____ DATED: _____

Please read the "Consumer Medical Information" (1) before answering the questions below

Please tick yes or no to the following questions	Yes	No
Have you had fever or been unwell in the past 24 hours?		
Have you ever had a severe reaction to a vaccine?		
Do you have any allergies?		
Are you allergic to eggs, feathers or chicken meat?		
Do you have any medical condition such as cancer or HIV/AIDS or are you receiving any treatment such as chemotherapy or radiotherapy which may lower your immunity?		
Have you had an injection of immunoglobulin or blood transfusion in the past three months?		
Are you pregnant or planning a pregnancy at present?		
Have you ever had a flu vaccination before?		
When did you last have a flu vaccine?		
Are you allergic to Gentamicin or Neomycin?		

MEDICAL NOTES:

DATE	DR / NURSE	VACCINE & BATCH #	VACCINATION SITE	EXPIRY	ONSITE	IN QOH ROOMS	INVOICE NO

(1) Consumer Medical Information available at <http://www.qoh.com.au/services/medical/flu> - go to bottom of page and click to download and then print





What is Influenza?

Influenza is a viral infection which can cause illness of varying severity characterised by abrupt onset of fever, muscle aches, joint aches, headache, sore throat, cough and malaise. The sufferer is often confined to bed being too unwell to get up. It can last up to a couple of weeks and can be complicated by a number of conditions including pneumonia and in people at risk can cause death.

Who is at risk¹?

- All individuals who wish to reduce the likelihood of becoming ill with influenza
- All individuals 65 years and older
- Aboriginal and Torres Strait Islander adult 50 years and older
- Adults with chronic debilitating diseases (especially those with chronic cardiac, pulmonary, renal and metabolic disorders)
- Children with cyanotic congenital heart disease
- Adults and children receiving immunosuppressive therapy
- Residents and Staff of Nursing Homes and other chronic care facilities
- Staff and others who care for immunocompromised patients
- Women likely to be in the second or third trimester of pregnancy should be vaccinated in advance

Who should not be given the influenza vaccine?

- Anyone with known allergy to gentamicin or any other excipient of the vaccine – thiomersal, polysorbate 80, octoxinol 9 and traces of formaldehyde
- Anyone with allergy to eggs (includes individuals who on ingestion of eggs develop swelling of the tongue, lips or experience acute respiratory distress or collapse)
- Anyone with an acute febrile illness (fever $\geq 38.5^{\circ}\text{C}$)
- Please read the Consumer Medical Information

What to expect after your flu vaccination and what to do¹?

- The influenza vaccine is generally tolerated
- Occasional discomfort, redness and swelling at the injection site are most common. Fever, muscle pain and malaise occur infrequently within a few hours of vaccination and may last 1-2 days. Paracetamol might be required to ease the discomfort. Sometimes a small, hard lump may persist for some weeks or months. This should not be of concern and requires no treatment.
- Immediate adverse events (most probably due to an allergy to eggs) such as hives, swelling of the face, lips or tongue; breathing difficulties, such as wheezing or systemic anaphylaxis are a rare consequence
- Guillain-Barre Syndrome is rarely associated with Influenza vaccination (1 in 2 million) although a direct relationship has not been established
- Please read Consumer Medical Information for complete details

For further information

- Contact your local doctor
- Contact your local Public Health Unit in NSW – please refer to White Pages
- Refer to the Immunise Australia Website – <http://immunise.health.gov.au>

¹ National Health and Medical Research Council. The Australian Immunisation Handbook, 9th Edition, 2008.